#### practice better

# **Al in Practice**

We asked hundreds of practitioners how they use AI. Here's what they said.



50/0 use Al in their practice



### Al adoption



Al Aficionado

**14%** 

Al is integral to how I work in and manage my practice.



**Al Active** 

**50%** 

I use AI for some tasks, like starting writing projects.



**Al Curious** 

**27%** 

I want to learn more about AI but I'm not sure how.



**Al Skeptic** 

9%

I have reservations about incorporating AI into my work.

#### Top tools



Chat GPT



CanvaAl



Google Gemini



Loom



Al Charting Assistant

I use ChatGPT to help with idea generation for social media, caption creation, and content plans. I also use it for market research, competitor analysis and more.

Al Charting Assistant summarizes my notes so all I have to do is edit them instead of trying to remember what was said during the session.

## Al saves time for what matters



I work on other areas of my business



I spend time with family and friends



I schedule and see more clients



I dedicate more to my hobbies